

Southwestern Ohio Chapter News & Meeting Announcement – December 2019

Scheduled Meetings and Topics for 2019 and 2020

December 3rd Member appreciation/Vendor night - Ohio BWC building135 Merchant St. Cint., Oh. 45246

**2020**

January or February Tour of Continental Building Products (NO MEETING)

March 6th Volunteer Event @ Ronald McDonald House (Friday evening register early)

March 11-13th Ohio Safety Congress (Columbus, Ohio)

April 14th Annual Strategic Planning Meeting

May 12th Ken Montgomery, OSHA Area Director Joint meeting with AIHA

June TBD Member appreciation night

June 23-25th ASSP PDC Orlando, FL

**Won’t you please join us!**

**Agenda: Arrival and Registration 11:15 AM**

**Lunch Served 11:15 – 11:45 AM**

**Presentation 11:45 – 12:45 PM**

**Q & A and Adjournment 12:45 – 1:00 PM**

**Location: Sheakley Group of Companies Offices (meet greeter in lobby)**

One Sheakley Way, Cincinnati OH 45246

**Cost: $10 for Chapter Members and guests if prepaid (lunch provided,**

**ask if vegetarian option is preferred); $15 if paid at the door – no meal**

**Please register and pay online at http://swohio.asse.org**

Professional Development Opportunity



**Are you CPR/First Aid certified?  Has your certification expired?**[**REGISTER TODAY**](https://www.sheakley.com/events-and-training/)**to attend CPR/AED and First Aid Training at Sheakley on December 4 from 11am-4pm!  Attendees will receive a 2-year certification card from the American Safety & Health Institute.**

The Centers for Disease Control and Prevention (CDC) published twelve ways to have a healthy holiday season. Please check out the link below for further details.

12 Ways to Have a Healthy Holiday Season

1. **Wash hands often to help prevent the spread of germs.**
2. **Bundle up to stay dry and warm.**
3. **Manage stress.**
4. **Don’t drink and drive or let others drink and drive.**
5. **Be smoke-free.**
6. **Fasten seat belts while driving or riding in a motor vehicle.**
7. **Get exams and screenings.**
8. **Get your vaccinations.**
9. **Monitor children.**
10. **Prepare food safely.**
11. **Eat healthy, stay active.**

<https://www.cdc.gov/features/healthytips/index.html>

SAVE THE DATE!



Newsletter additions or comments:

David Schriever, M.S., CSP

Assurance Risk Management, LLC

david@assuranceriskmanagement.net

513-375-3743

**CONFIDENTIALITY NOTE: The information contained in this transmission is for the exclusive use of the addressee and may contain confidential, privileged and non-disclosable information. If the receipt of this transmission is not the addressee, such recipient is strictly prohibited from reading, distributing or otherwise using this transmission or its contents in any way.**