

Southwestern Ohio Chapter News & Meeting Announcement – December 2019

Scheduled Meetings and Topics for 2019 and 2020

December 3rd Member appreciation/Vendor night - Ohio BWC building135 Merchant St. Cint., Oh. 45246

**2020**

January or February Tour of Continental Building Products (NO MEETING)

March 6th Volunteer Event @ Ronald McDonald House (Friday evening register early)

March 11-13th Ohio Safety Congress (Columbus, Ohio)

April 14th Annual Strategic Planning Meeting

May 12th Ken Montgomery, OSHA Area Director Joint meeting with AIHA

June TBD Member appreciation night

June 23-25th ASSP PDC Orlando, FL

**Won’t you please join us!**

**Agenda: Arrival and Registration 11:15 AM**

**Lunch Served 11:15 – 11:45 AM**

**Presentation 11:45 – 12:45 PM**

**Q & A and Adjournment 12:45 – 1:00 PM**

**Location: Sheakley Group of Companies Offices (meet greeter in lobby)**

One Sheakley Way, Cincinnati OH 45246

**Cost: $10 for Chapter Members and guests if prepaid (lunch provided,**

**ask if vegetarian option is preferred); $15 if paid at the door – no meal**

**Please register and pay online at http://swohio.asse.org**

Professional Development Opportunity



**Are you CPR/First Aid certified?  Has your certification expired?**[**REGISTER TODAY**](https://www.sheakley.com/events-and-training/)**to attend CPR/AED and First Aid Training at Sheakley on December 4 from 11am-4pm!  Attendees will receive a 2-year certification card from the American Safety & Health Institute.**

The Centers for Disease Control and Prevention (CDC) published twelve ways to have a healthy holiday season. Please check out the link below for further details.

12 Ways to Have a Healthy Holiday Season

1. **Wash hands often to help prevent the spread of germs.**
2. **Bundle up to stay dry and warm.**
3. **Manage stress.**
4. **Don’t drink and drive or let others drink and drive.**
5. **Be smoke-free.**
6. **Fasten seat belts while driving or riding in a motor vehicle.**
7. **Get exams and screenings.**
8. **Get your vaccinations.**
9. **Monitor children.**
10. **Prepare food safely.**
11. **Eat healthy, stay active.**

<https://www.cdc.gov/features/healthytips/index.html>

SAVE THE DATE!



Newsletter additions or comments:

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